

GET IN TOUCH

Phone: 203 - 747 - 8833 Email: transcendtaekwondo@gmail.com Website: www.transcendtaekwondo.com

CAREER HISTORY

OWNER / HEAD INSTRUCTOR

TRANSCEND | NEW HAVEN, CT

Offering inclusive at-home classes, in-person or virtual self-defense seminars, 1:1 coaching, and birthday parties for all ages and abilities.

PART-TIME NANNY

MONTCLAIR, NJ

Nanny to a two and five year old sibling pair; responsible for supervision of daily activities; assisted with assigned homeschool projects and lesson plans; oversaw weekly OT session; provided outdoor enrichment in the form of walks and physical activities.

FULL-TIME HEAD INSTRUCTOR

KOREA TAEKWONDO CENTER | NUTLEY, NJ

Taught classes, Mon. - Sat., for all belt levels inclusive of all ages; responsible for the setup, execution, and clean-up of birthday parties, movie nights, "parents night out," etc.; assisted with tournament training and day-of coaching.

SUMMER CAMP SUPERVISOR

ACHIEVE MARTIAL ARTS | FAIRFIELD, NJ

Responsible for the supervision and engagement of 5 to 10 students in attendance of camp; came up with activities, martial arts related and otherwise, to fill the beginning half of the day.

SUMMER CAMP COUNSELOR

GAS LAMP PERFORMING ARTS | GLEN RIDGE, NJ

Responsible for the supervision of roughly 20 to 30 children, aged 6 to 7, in assigned camp group; assisted them throughout daily rehearsals; ensured their safety and monitored their behavior during live performances.

CHILDREN'S GYMNASTICS INSTRUCTOR

THE LITTLE GYM | CALDWELL, NJ

Taught and / or assisted with a variety of classes offered at the gym; responsible for the setup, execution, and clean-up of birthday parties and summer / winter camp sessions; ensured safety and well-being of all students during class time or events.

SR. ASSISTANT INSTRUCTOR

TALIUM | FAIRFIELD, NJ

Taught classes part-time for all color belts inclusive of all ages; responsible for setup, execution, and clean-up of activities during birthday parties, overnight training, etc.; part of S.W.A.T. [Special Winning Attitude Team] demonstration team from 2007 through 2014.

EDUCATION & TRAINING

JAMES CALDWELL HIGH SCHOOL

CLASS OF 2014

- Member of 2012 2013 "Peer Leadership" Program
 - Took part in a transition program that encourages freshman to feel welcome and comfortable all throughout their first year of high school with monthly activities and support outreach.

TALIUM

2008 - 2010

- Member of Leadership Team
 - Took part in leadership training once a week at Talium starting at age thirteen; started teaching color belt-level classes for ages 4.5 - 30.

MONTCLAIR STATE UNIVERSITY

CLASS OF 2018

- Bachelor of Arts
 - Major in Theatre Studies with focus in Stage Management and Directing